



## **Winter To-Bring List**

We are so happy you will be joining us this Winter. Please be aware that we will be outside for all of our time, rain, snow or shine, so the following list is essential. Please be aware of weather forecasts and dress appropriately.

Please note: If your child arrives at a program without the proper gear, our staff may decide it is not safe for them to stay and they will be sent home (no refund will be issued).

### **REQUIRED ITEMS:**

- Weather appropriate clothing that CAN get wet and/or muddy (including foot ware)
- Insulated foot ware is VERY IMPORTANT . Snow boots are good if the ground isn't too wet; "Muck" type neoprene boots are warm AND waterproof.
- Snow pants or water resistant pants
- Warm (NOT COTTON) socks and an extra pair
- Hat, mittens, non-cotton layers (wool, fleece, synthetic) that can be added or removed
- Extra hat, mittens, scarf, socks, and other layers
- 1 large water bottle or 2 small ones: at least 1 liter/32 oz. (It is a good idea to send hot water in an insulated thermos.)
- Plenty of snacks AND lunch (for any program running past 12pm)\*
- Hot cup (non-breakable, for drinking wild teas - metal or wood preferred)
- Rain gear & boots when appropriate

**Please label all items with your child's name.**

### **OPTIONAL ITEMS:**

- Bandanna
- Field guides
- Primitive crafts or tools
- Extra, dry clothing

All of the above items must be carried in a small backpack to keep hands free.

\*PARENTS: Bringing snacks/treats for the whole group is a nice gesture, but please help out our staff by letting your child's instructor hold onto any such items. The instructor will decide when/if it is appropriate to hand them out.

Please do not bring electronic entertainment devices.

If you send a cell phone with your child, please advise your child to keep the phone off and to only use it for "emergency purposes."